



Last Chance 10 Km

ROUTE INFORMATION

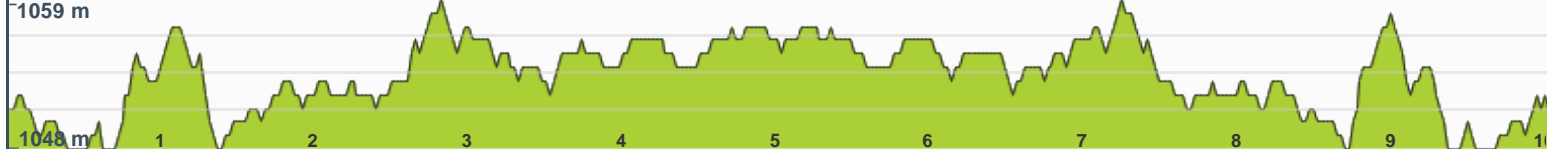
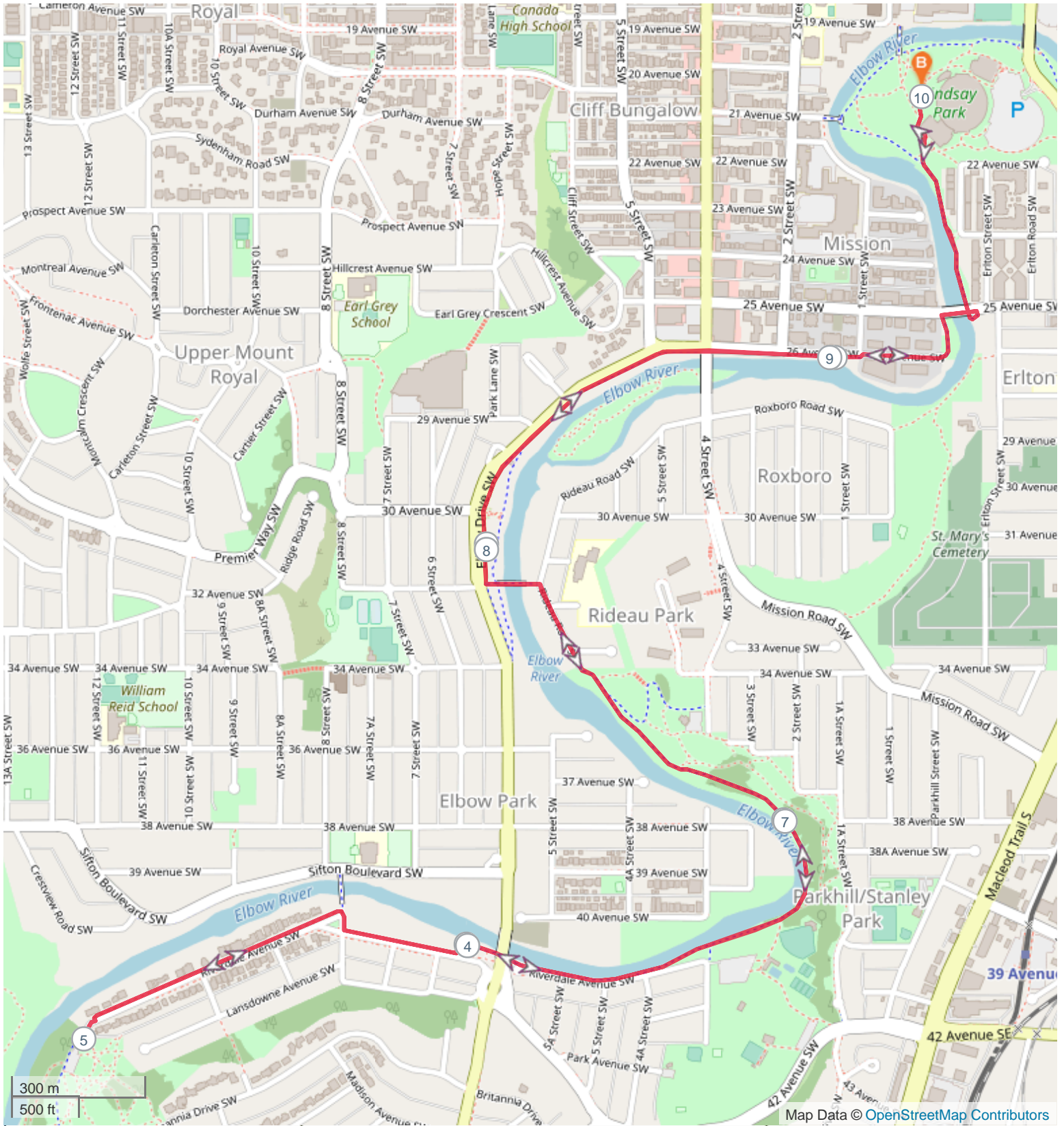


LENGTH 10.009 km
ASCENT 66 m
DESCENT 66 m
HILLS **↑** 32.4% | **↓** 34.2% | **→** 33.3%
TERRAIN Road **A**
START **LAT: 51.034836, LNG: -114.064664**



NOTES

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ROUTE DIRECTIONS

No	Km	Turn	Directions
1	0.000		Start on
2	0.114	↗	Turn right
3	0.649	←	Turn sharp left onto Elbow River Pathway
4	0.930		Turn left onto Elbow River Pathway
5	2.093	←	Turn left onto Elbow River Pathway
6	2.213	↗	Turn right onto Rideau Road SW
7	2.505		Keep right onto Elbow River Pathway
8	2.731		Keep right onto Elbow River Pathway
9	3.221	↗	Turn slight right onto Elbow River Pathway
10	4.046	→	Turn right
11	4.301	→	Turn right
12	4.339	←	Turn right
13	4.344	←	Turn left
14	4.953	→	Turn right onto Riverdale Avenue SW
15	5.050		Turn left
16	5.659	→	Turn right
17	5.664	↗	Turn left
18	5.702	←	Turn left
19	5.957	↖	Turn left onto Elbow River Pathway
20	6.783	↖	Keep left onto Elbow River Pathway
21	7.625		Turn sharp right onto 33 Avenue SW
22	7.634	↗	Turn right onto Rideau Road SW
23	7.799	↖	Turn left onto Elbow River Pathway
24	7.919	→	Turn right onto Elbow River Pathway
25	9.083		Turn right onto 26 Avenue SW
26	9.363	→	Turn sharp right onto Elbow River Pathway
27	9.832	↗	Keep right
28	9.898		Turn left
29	10.009		