Last Chance Half Marathon
Saturday, November 10, 2018
Participant Info

RACE START: The race starts at Festival Market, the open space in front of the Eau Claire YMCA (101 3 St SW). Start time is 10:00. We will have an early start at 9:30 for anybody who plans on taking longer than 2 ½ hours. Please only take advantage of the early start if you will be over that time frame as marshals and aid stations won't be in place if you're faster than that. Our friends at EnduraHealth will be leading a short warm up at 9:50.

BAG CHECK: We will have an area outside for you to store gear bags while you run. Please make sure your name is on your bag for easy identification. You can leave your bag with the volunteers at the late check in table.

PARKING: There are two parking lots at Eau Claire market that are $3.00 on weekends. The surface lot is accessed via 2ⁿᵈ Ave SW between 2ⁿᵈ and 3ʳᵈ St. The underground lot is accessed via 2ⁿᵈ St SW just north of Riverfront Avenue. There is also plenty of street parking in the area with weekend parking fees in effect.

THE ROUTE: The route will leave Eau Claire and head west on the south side of the river until 14ᵗʰ St. You will cross to the north side of the river at 14ᵗʰ St and head east. Continue on the pathway along the zoo. At the zoo you will do an out and back section north and south on the Nose Creek pathway. When you get back to the zoo, you cross the creek and run south on the pathway parallel to Deerfoot Trail to Blackfoot Trail. The route then crosses the river at Blackfoot Trail and takes you into Pearce Estates. You continue through Pearce Estates, through Inglewood and past Ft. Calgary where you cross the river to the north side at the new St. Patrick's Island bridge. You then stay on the north side running west until the bridge that takes you back to the south side of the river, across Prince's Island and straight to the finish. There will be arrows to guide you and marshals at any critical corners. We'll also put down chalk arrows if the pathway conditions permit. Please be aware that the pathways are open to the public please stay to the right and be aware of other users when passing. Please visit our website for an updated map. www.bethereraces.com

HEADPHONES: Please no headphones or earbuds. You need to be able to clearly hear the directions of marshals and others around you.

TIMING: We use a system called Bibtag for timing. Your timing chip is on the back of your race bib. Please do not bend your bib as it will affect your timing tag. Wear your bib on your front so that it is clearly visible. Do not put a coat or other clothing over your bib or your timing tag may not register properly.

AID STATIONS: There will be three aid stations on course which will have water and Gatorade. You will pass two of them twice giving you stations at approximately 5.5 km, 8.5 km, 13 km, 17.5 km and 19.5 km

POST RACE BRUNCH: There is brunch for all runners at The Garage inside Eau Claire market at the south end of the building. As The Garage is a pub, children under 18 will not be permitted to enter. However, if you have children with you, you are still welcome to get your brunch and take it outside The Garage where there is a large indoor eating area. Extra brunch tickets are available for $15.00 each.

POST RACE MASSAGE: EnduraHealth will be set up inside Eau Claire near the south entrance by The Garage and providing you with complimentary post race massages.

AWARDS: We have medals for the top three finishers in each age group broken into 10 year categories. Awards will take place inside The Garage beginning at approximately 12:30. Draw prizes will be pre-drawn so please check with our volunteers as you enter The Garage to see if you've won a prize.

PRIZE MONEY: The first woman will receive $500 courtesy of Impact Magazine. The first place man will receive $500 courtesy of Be There Races. The first place man and woman over 50 will each receive $100 courtesy of Startline Timing.